



*SEATTLE PARKS
AND RECREATION*

Ballard

COMMUNITY CENTER

Winter 2007

Class registration begins on
Dec 4, 2006
Classes begin on
Jan 8, 2007
(unless otherwise noted)



Ballard Community Center ♦ 6020 28th Avenue NW ♦ Seattle WA 98107
Center: 206-684-4093 ♦ Fax (new): 206-684-7199

Ballard Pool ♦ 1471 NW 67th St ♦ Seattle, WA 98117 ♦ 206-684-4094
Pool will be closed until November 2006 (call community center for information)

NEW!

REGISTER ONLINE · it's easy!

www.seattle.gov/parks



SPARC

Ballard Community Center

6020 28th Ave NW

Seattle, WA 98107

Phone: 206-684-4093 Fax: 206-684-7199



Visit us online at www.seattle.gov/parks!

Hours of operation

Mon, Wed, & Fri	11 a.m. – 9 p.m.
Tues & Thurs	1 – 9 p.m.
Saturday	10 a.m. – 5 p.m.

Program dates

Classes begin the week of Jan 9, 2007 unless otherwise posted.

Holiday closures

Mon, Jan 1, New Year's Day

Mon, Jan 15, Martin Luther King Day

Mon, Feb 19, Presidents Day

Program registration, Dec 4, 2006 or until class is full. Spring Youth Sports registration is February 13, 2007.

1. **Register online** by going to www.seattle.gov/parks
2. **Phone-in**, 206-684-4093. We'll pick up voice mail messages frequently and call you back. Please be clear and specific with your class request.
3. **Walk-in**: Walk-in during public hours of operation.

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Rentals

For information about room rentals, please view our facility rental brochure (www.seattle.gov/parks/reservations/facrentalguide.htm).

Professional Staff

Ken Bounds, *Superintendent*

B. J. Brooks, *Deputy Superintendent*

Christopher Williams, *Operations Director*

Maureen A. O'Neill, *North Recreation Manager*

Michael Yasutake, *Center Coordinator*

Robert Wilkens, *Asst Center Coordinator*

Lakema Bell, *Teen Development Leader*

Elaine Dunn, *Recreation Attendant*

Sean O'Feery, *Child Care Director*

Anthony Robinson, *Building Maintenance*

You can now register for most classes online!

To get started, you need to:

1. Come into the Community Center and get your barcode and PIN. You will need to provide us with a picture ID to obtain this information.
2. Go to www.seattle.gov/parks and follow the directions to register.

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express.

Please make checks and money orders out to CITY OF SEATTLE. Please Note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.)

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.



Special Events

How to Make a Living as an Artist!

Join Douglas Ready as he introduces possibilities of the entrepreneurial life! This seminar details specific creation and submission strategies for consistently selling your art and building a successful career whether your focus is on creating a market for your original work or conquering the commercial marketplace. Attendees will receive a 195 page printed handbook for home use. Pre-registration is required.

Jan 20

12:30 – 2:30 p.m.

Fees: \$99.00

Daddy Daughter Dinner

You don't want to miss this traditional Annual Event! Practical age for daughters is seven years old. Dinner, dancing, and just plain ole fun with the ones you love! This event sales out quickly!! Hurry and get your tickets!! Please indicate seating info with registration.

Registration starts Dec. 11, 2006

Family fun

Location: Ballard CC

Sat, Feb 3

6 – 9 p.m.

Fees: Dad/w1 \$45.00, w/2 \$60.00, w/3 \$70.00, w/4 \$80.00

Flea Market

Plan your Saturday, March 21 to gather your things and take a table for the annual fall 4-H Flea Market at Ballard Community Center. Tables (30" x 60") are \$10.00 each. As a shopper, you are invited to shop and buy cool stuff from 10 a.m. to 4:00 p.m.

Ballard Community Center is located at 6020 28 Ave NW 98107. Call for more information or to reserve your tables, 206-684-4093.

Mar 31

Fees: Free admission; tables are \$10 each



Flashlight Egg Hunt

The 2007 Flashlight Egg Hunt will be held at the Ballard Community Center, 6020 28 NW, 684-4093.

Be here at eight and don't be late! Be sure to bring a sack and that's a fact! Cuz without the sack it will be wack!

Egg Hunt

Fri, Apr 6

8 – 9 p.m.

Ages: 10-13 years

Spring Egg Hunt

Join us for the Annual Ballard CC Spring Egg Hunt!

There will be lots of goodies and specially marked eggs that you can redeem for prizes! Make sure to bring a basket or bag to put all of your goodies in! In case of inclement weather the community center will be used. Ages 9 and under. Parents are asked to please supervise your toddlers and preschool aged children. Volunteers needed. Please call the center at 684-4093.

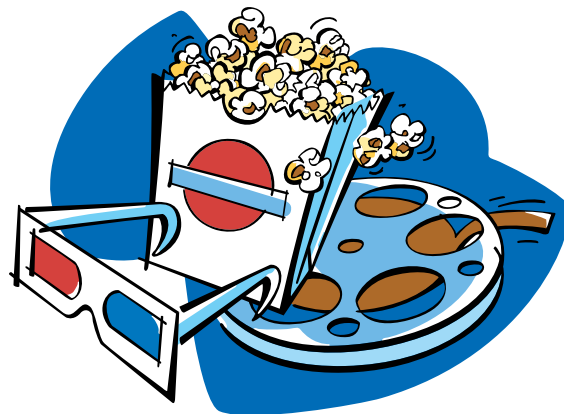
Instructor: Staff/Volunteers

Age: 9 and Under

Sat, Apr 7

10 a.m.

Location: Ballard CC Field



Dinner and a Movie

All your favorite movies and new releases, plus dinner! (The Jazz Jam happens on these same nights)

Fridays: January 26, February 23, and March 23.

Ballard Community Center has a new 12' wide screen to broadcast movies. Dinner may be pizza, hotdogs, tacos, spaghetti, or salads and a drink plus "all-you-can-eat" popcorn! (NOTE: Some movies may run longer than 9 p.m.) Call in advance for the menu and movie of the night: 206-684-4093. Dinner will be served at 6:30.

Fridays

6 – 9 p.m.

Fees: Dinner cost will be \$5.00 per person or \$10.00 per family – Movie is Free

6th Annual Martin Luther King March

Join us as we march from MLK Park to Langston Hughes Performing Cultural Arts Center. We march for injustice around the world, we march to remember Dr. King, we march to keep our hope for a caring society alive!

Please see teen calendar for times.

Age: 12 and older

Sat, Jan 14

Location: Ballard CC

Adult Aerobics

Aerobics/Fitness

Aerobics - Morning Workout

Join our certified group fitness instructor Katie Franklin and an energetic fun group of people for a complete morning workout one, two, or three times a week @ 9:30 am! Once you get started, you won't want to stop!

This class includes a cardiovascular workout involving hi/lo aerobics, step aerobics, athletic drills, conditioning exercises, balance and flexibility training, and whatever else Katie thinks up! You can achieve your fitness, strength training and weight loss goals and have a good time

doing it. All fitness levels are welcome! Katie's expertise and over 5 years of instruction dedication to fitness @ Ballard has made this class the place to be for fitness!

Join us for a free introductory class!

Babysitting is available for participants during this class.

No classes on Mondays Jan. 15 and February 19.

Instructor: Katie Franklin

MWF 9:30 – 10:30 a.m.

Jan 3 – Apr 6

Fees: See punch card prices

Location: Captain Ballard Room



Aerobic Exercise - evening

Choose an aerobic and strengthening workout in a convenient location--your Seattle Parks and Recreation. Ballard Community Center offers an exercise program that will easily enhance your quality of life!

Your flexibility and balance will improve; you'll tighten muscle tone and lose weight; you'll learn about exercise nutrition; you'll meet some dedicated fellow participants who will encourage you; it won't cost huge monthly rates like the clubs...all from one class, two nights a week!

Ideal for all fitness levels or previous exercise class experience. Its co-ed: pals and significant others are encouraged to attend.

Bonnie Lochner, a certified aerobics instructor, has taught a variety of exercise programs throughout Seattle for several years. Join her and take an introductory class free!

No classes on Mondays Jan. 15 and February 19.

Instructor: Bonnie Lochner

Age: Adults

Mon/Wed 6:15 – 7:15 p.m.

Jan 8 – Apr 4

Fees: See Punch Card System



Aerobics Babysitting — Morning

Toddlers and preschooler now have a place to go when you exercise in the Ballard CC morning Aerobics class.

Two hired adults will watch your precious child in the Toddler Play Room. Please change and feed the babies at home to ensure a better time for all participants.

Sign in each day, your punch card will be punched by staff.

Age: Toddlers to Preschoolers

MWF 9:30 – 10:30 a.m.

Jan 3 – Apr 6

Fees: Punch Card: 10 uses, \$30.00, \$3.00 first child \$2.00 each additional child

Location: Toddler Play Room

Yoga and Adult Drop In Sports

Yoga: Increase Energy, Reduce Stress

Join this course and come away energized each day. Develop core strength, flexibility, and a quiet mind through viniyasa (flowing breath and movement). Instructor, Tracy Zitnik, has taught viniyoga for over 10 years and studied at the Krishnamacharya Yoga Mandiram in Chennai, India.

Instructor: Tracy Zitnik

Ages 15 and older

Location: Captain Ballard Room

Yoga – Intermediate \$60/session

Ages 12 and older

This is an intermediate course for continuing participants. Deepen your yoga practice and develop the confidence, strength, and flexibility that come with self-awareness. This course is designed to help you create a home practice. The pace is set to build upon your existing yoga experience. Please try your first day free.

Tuesdays from 6:30 to 7:30 p.m. – \$60 per session

Session 1 – #11981 Jan 2 – Feb 13

Session 2 – #11982 Feb 20 – Apr 3

Yoga – Beginning \$45/session

Ages 15 and older

In this beginning course, you will learn basics of yoga postures (asana), breath, and philosophy in a fun and creative environment. Join this course and come away energized each day. Develop core strength, flexibility, and a quiet mind through viniyasa (flowing breath and movement). Instructor, Tracy Zitnik, has taught viniyoga for over 10 years and studied at the Krishnamacharya Yoga Mandiram in Chennai, India. This course is designed to welcome brand new yoga participants as well as those re-starting the practice. Please try your first day free.

Tuesdays – 7:45 to 8:30 p.m. – \$45 per session

Session 1 – #11979 Jan 2 – Feb 13

Session 2 – #11980 Feb 20 – Apr 3



Volleyball - Drop in play \$2/player

Tuesday night at Ballard Community Center is the place for drop-in volleyball. Open to 30 players of all skill levels on two courts, you just have to call your own goofs.

This is a relaxing evening of volleyball, plus we pick and mix up the teams randomly to add sociability!

Registration begins at 7:30 p.m.; gym opens at 8:00 p.m. for the 30 players.

Tuesdays 8 – 10 p.m.

Jan 2 – Apr 3

Fees: \$2.00 per player

Netball - drop in \$2/player

Netball is one of the most popular sports out of the United States. Here's your chance to try it out. Drop in and give it a go, mate! Played in the gym with a small-sized basketball where the net is alone atop a pole...picture using similar rules to Ultimate Frisbee and you've got the game!

Instruction included no experience necessary.

Thursdays 8 – 9 p.m.

Jan 4 – Apr 5

Fees: \$2.00 per player

Location: Ballard CC Gym



Men's Basketball Lunch League \$60

Is it your New Year's resolution to lose weight? Come get your sweat on!! Try our league as part of your resolution. Instead of eating that burger, grab something light and get in here! Build up your cardiovascular system, burn calories and fat while having a great time!

Location: Gym

#12819 Thu, 11 a.m. – 2 p.m.

Jan 4 – Apr 5

Pottery

Family Pottery

\$115

The family that clays together stays together." It's an old Ballard artist saying. Due to popular demand, Andrea Hays has started this new class which allows you and your child to create together-equally-and make bowls, vases, and other useable things that are microwaveable, oven proof, and dishwasher safe! Typically, parents do the tough detail tasks while kiddos finish off the master-pieces. Minimum age is kindergarten and has proven to be a great bonding activity for parents and pre-teens.

Second child 25 % off 7:45 – 8:30 p.m.

Instructor: Andrea Hays

Age: Kindergarten and up

#12805 Mon, 5:30 – 8 p.m.

Jan 8 – Apr 2

Location: Pottery Room

Introduction to Pottery

\$145

Clay is an exciting material to work with because it is directly responsive to your hands--the artist. The NEW artist.

Try your hand at a variety of pottery-making techniques including wheel throwing, hand building, coiling, slab work, molding, tile making, and clay extrusion.

Matt will guide you through it all: make it, trim it, fire it, etch it, texture it, and finally glaze it.

Instruction is tailored to your interests and focuses on the dynamics of working with clay. There is ample time for you to learn skills, practice, blow it and start over, and then succeed in creating pieces that you had only previously imagined possible!

Matt Cantrell has a broad knowledge of pottery techniques and enjoys helping new adult students to the relaxing hobby & craft of pottery. His teaching style works to draw out the best in your newfound skills so that you can create objects that are beautiful, unique and useful.

Instructor: Matt Cantrell

Age: 15 and older

Wednesdays 6:15 – 8:45 p.m.

Jan 3 – Apr 4



Ballard Pottery Studio

Ballard Community Center does not offer an "open studio."

Participants who are currently registered in Ballard Community Center classes may practice in the pottery studio when it is not scheduled for other activities. Each class receives a punch card with 5 opportunities to use the studio during non class time per month. General studio times to be posted in the studio, but not guaranteed. Get punches at front desk. After five punches, you'll need to pay a \$2 drop in fee.

Age: Adults

Jan 2 – Apr 6

Location: Pottery Studio



Continuing Pottery

\$145

Ages 15 and older

Cultivate your creative mind. Use your precious free time and make real, functioning pottery pieces. Dishwasher, casserole-ready and microwave safe! In 8 weeks you will have thrown, coiled, or slab-constructed several art pieces. You finish with a very personal sense of accomplishment by trimming, firing, and glazing your art piece. Take this course with a friend to increase the enjoyment or come alone to a friendly full-service pottery studio.

Instructor: Andrea Hays

Location: Pottery Room

#11945

Tue, 6:15 – 8:45 p.m.

Jan 2 – Apr 3

Performing Arts & Dance

Hip-Hop Fusion

\$98

This NEW upbeat class will have you movin' and groovin' with a fun mixture of hip hop and jazz tunes and moves! Burn a ton of calories and have fun while you do it. You'll have a great time with certified fitness trainer Rebecca Lopez's everlasting energy and vibrant personality. This class is appropriate for ages 12 and up.

Location: Captain Ballard Room

Wednesdays 7:30 – 9 p.m. Jan 3 – Apr 4

Swing Dancing! NEW

\$98

Join us for this brand NEW class!! Whether you have two left feet and no dance experience, or Lindy Hop is something you'd like to add to your repertoire-- this is the class for you! As the original swing dance, Lindy Hop has it all -- from exciting and flashing to smooth and cool. Come join us in this fun and versatile dance and we'll get you dancing the basic steps before you know it! A dance partner is not required.

Age: 12 and up

Mondays 7:30 – 9 p.m. Jan 8 – Apr 2



Seattle Civic Band

The Seattle Civic Band is an intergenerational community band composed of wind, percussion, and brass instrumentalists. It was founded in 1989, shortly after the opening to the Ballard Community Center.

The Civic Band presents concerts throughout the Puget Sound area, playing a repertoire of light classical, popular Broadway and march tunes. The band is actively seeking new members in all sections. No auditions are required, and players of all levels and ability are welcome.

A quarterly fee from each member covers registration and music expenses. Call 282-5471 for more information.

Instructor: Jo-Ann Christen

Thursdays 7:15 – 9 p.m.

Jan 4 – Apr 5

Location: Captain Ballard Room

Friday Jazz Jam

Ages 12 and older

Come join us at the Ballard Community Center for a once a month jam session.

Dates: Jan 26, Feb 23, & March 23.

At the monthly jam sessions we will work on Jazz standards with a special emphasis on group interaction, communication and improvisation. This is an inter-generational

activity and all ages are welcome. Requirements: have own instrument, some ability to read music and the desire to learn and share with others. A piano is available. Fee is per session. Call the community center, (206) 684-4093 for more information.

Location: Kids Room

#12809 Fri, Jan 26

7 – 9 p.m.

#12810 Fri, Feb 23

7 – 9 p.m.

#12811 Fri, Mar 23

7 – 9 p.m.

Activity Fee – Adult: \$10

Activity Fee – Youth: \$5



Roots and Sprouts Preschool

Preschool School Readiness Programs:

Parks and Recreation provides "recreation programs" for preschool age children, who are 3 and 4 years old and 5 years old not enrolled in school. The State Department of Social and Health Services (DSHS) define "child care" in a specific manner which requires licensing. Our preschool programs are not licensed; therefore, we limit participation in preschool recreation programs to 3 1/2 contiguous hours in a day.

Toddler Play Room \$2/family

Drop in and play with your child with big soft toys, plastic climbers, kitchens, blocks, and other fun things. Meet YOUR friends and relax, rain or shine. Parents must stay



with and supervise their children. No eating or drinking in the room please.

The Toddler Play Room is always open during public open hours. It is not available for reservations or rentals.

\$2.00 per family per day.

Health Dept mandate: Please take away those changed diapers with you.

Closed: 1/1/07, 1/15/07, and 2/19/07

Instructor: Parental Supervision

Age: Toddlers

Location: Toddler Play Room

MWF	11 a.m. – 8 p.m.	Jan 3 – Apr 7
Tue/Thu	1 – 8 p.m.	Jan 3 – Apr 7
Saturdays	10 a.m. – 4 p.m.	Jan 3 – Apr 7

Toddler Gym Time \$2/family*

This is the best entertainment in town for a mom, dad, grandparent, or sitter-a gym for your toddler to run, ride, and socialize with other toddlers. Bikes, balls, mats, and other toys provided. Meet YOUR friends and relax rain or shine. Parents must stay with and supervise their children. No eating or drinking in the gym please.

Location: Gymnasium

Closed: 1/1, 1/15, 2/2 and 2/19

MWF	11:30 a.m. – 2 p.m.	Jan 3 – Apr 6
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***Includes Toddler Play Room**

\$2.00 per family per day. Health Dept mandate: Please take those changed diapers away with you.

Dragon Flies \$210/month

Are you ready to play and learn all at the same time? If the answer is yes then come and join us for a fun filled time of learning our ABC's and 123's. We will have a writing calendar, singing, playing, exploring, plus much, much more.

Class age (4 & 5) by Sept 1, 2006. This class follows the Seattle School District calendar. Activity fees are spread through the entire nine month program from September to June. Fees must be paid in advance of class and you may pay by the quarter or by the month.

No Class 1/15, 2/2, 2/19, 2/21, 2/23

Ages 4

Location: Kids Room

M/W/F from 9:30 a.m. – 12:30 p.m.

#11963 Jan 3 – 31

#11965 Mar 2 – 30

#11964 Feb 5 – 28

Bumblebees \$150/month

Make lasting friendships while learning. We will be doing circle time, show 'n' tells, puzzles, games, songs, art, gym, and much more! So come and join us, and lets have fun!

Class age: 3 years old by Sept 1, 2006.

This class follows the Seattle School District calendar. Activity fees are spread through the entire nine month program from September to June. Fees must be paid in advance of class and you may pay by the quarter or by the month.

No Class 2/20, 2/22

Ages 2 – 3

Location: Kids Room

T/Th from 9:30 a.m. – 12:30 p.m.

#11959 Jan 2 – 30

#11961 Mar 1 – 29

#11960 Feb 1 – 27



Childrens Youth Art and Music

Kids Clay Phenomenon \$65/session

Ages 5 – 8

Your child will learn to make small sculptures, magnets, wind chimes, beads and more... things they don't make in school! This is a great opportunity for after school creativity for children to explore art and their imagination. We'll use molds and hand-building techniques to make cups and bowls you can really use. Children come away from class feeling stronger about themselves and their ability to engage in creating real things! NO wheel work. Dress for MESSY fun! Andrea Hays has taught for many years and thrives on culturing the expressive side of people who try pottery through lots of encouragement, many tricks of the art, and professional instruction.

Instructor: Andrea Hays

Location: Pottery Room

Tuesdays from 4:30 – 6 p.m. – \$65 per session

Session 1 – #11952 Jan 9 – Feb 13

Session 2 – #11953 Feb 20 – Apr 3

Youth Sculpture

Ages 8 – 12

\$75



Bring out the artist in you! Come join local artist and community center counselor Andy Miller each Thursday evening for the introduction into the art of sculpture.

Come experience a ball of clay get transformed into unique and wonderful forms of art through the eyes of our Ballard youth. No wheel work. Clay, tools, glazes, and firing included in price of class.

Location: Pottery Room

Thursdays from 3:30 – 7 p.m. – \$65 per session

Session 1 – #11984 Jan 4 – Feb 1

Session 2 – #11985 Feb 8 – Mar 8

Collages with Kelli

Ages 2 – 4

\$75/session

Bring your toddler in for 6 weeks of messy fun! This is a parent and toddler class; parents are asked to accompany their children during the collage sessions.

Kelli has a degree in Art History from the Univ. of WA., is a professional artist, and has worked as a nanny for years. Her love of children and their artwork lead her to make endless one-of-a-kind gifts for family and friends.

Location: Pottery Room

Wednesdays from 10 – 10:45 a.m.

\$75 per session

Session 1 – #11943

Jan 10 – Feb 14

Session 2 – #11944

Feb 28 – Apr 4

Piano, Guitar, or Singing Lessons

\$140

Change your world, take lessons on the piano or guitar and make your family or yourself happy. Turn those squeaky chords you've been playing into riffs of pleasant melody (again, make your family happy).

Bruce will teach you according to your ability on piano, clarinet, bass guitar, blues harp, drums, or voice! He invites you to discover (or RE-discover) what you like about music.

Local professional artist Bruce Howard brings his teaching expertise and deep music history knowledge to Seattle Parks and Recreation. Conversations with Bruce

will be just as enlightening as the lesson! Owning a keyboard/piano is helpful; singers will

need access to a tape player.

Call 684-4093

to register for private 30 minute

weekly sessions. For ages

4 and Up. Call Bruce for specific class times and special

needs, 789-8900.



Instructor: Bruce Howard

Ages 4 and older

Location: Teen Room

No Class 1/15, 2/19

#12807 Mon, 3:30 – 4 p.m.

Jan 8 – Feb 12

#12808 Mon, 3:30 – 4 p.m.

Feb 26 – Apr 2

Childcare – Before / After School

Before and After School Care

The Ballard Community Center Before & After School programs offer child-friendly care that is easy for working parents of kindergarten – 5th graders. There's so much to do and so little time – games, cooking, playing, reading, art, crafts, sports, music, dance, computers, ball fields, playgrounds, special visitors, special interest groups, and field trips – WOW! This program is a fully-licensed DSHS site which provides for the highest quality time away from school or home. Most children attend Adams, West Woodland, Whittier, Salmon Bay, or Loyal Heights schools.

Registration forms, including immunizations, can be picked up at Ballard Community Center any time. Program fees are based on the entire school year and spread out evenly to each month. Payment of monthly activity fees is required prior to every month.

Register now for the 2006-'07 School Year.

Ages 5 – 11

Location: Captain Ballard Room

No program: Jan 15; Feb 2, Feb 29–23; Mar 16

Monthly Fees

	Before School Care	After School Care
Mon – Fri	7 – 9 a.m.	3 – 6 p.m.
5 days/wk	\$160	\$245
add'l child	\$150	\$235
add'l child	\$150	\$220
4 days/wk	\$145	\$230
3 days/wk	\$120	\$190
2 days/wk	\$95	\$135
1 day/wk	\$50	\$85

Registration Codes

Barcodes	Before School Care	After School Care
Jan/Grades K–1 1/2 – 1/31	#11864	#11855
Jan/Grades 2–5 1/2 – 1/31	#11868	#11861
Feb/Grades K–1 2/1 – 2/28	#11866	#11856
Feb/Grades 2–5 2/1 – 2/28	#11869	#11862
Mar/Grades K–1 3/1 – 3/30	#11867	#11858
Mar/Grades 2–5 3/1 – 3/30	#11871	#11863

Professional Development Day!

School's out today and you still have to work...what to do with your children... You want quality, they want fun. The solution is Ballard Community Center and a one-day camp! Kindergarten and up.



Its \$10 if you are

enrolled full-time in Ballard's

Before and After School Program and \$15 if enrolled in either BF or AF, charges apply to all others. You must pre-register 48 hours in advance and fill out immunization and permission slips. Call

684-4093 for more info.

Ages 5 – 11

Location: Captain Ballard Room

#11966 Fri, Feb. 2 7 a.m. – 6 p.m.

#11967 Fri, Mar 16 7 a.m. – 6 p.m.

Enrolled in Both BF & AF \$10

Either BF or AF \$15

Not in BF or AF \$29

Mid Winter Break Camp \$116

School's out for Mid-Winter Break and Ballard Community Center provides the answer for working parents--day camp! Quality care, experienced staff, loads of activities, field trips, and cooking...the same good stuff as the summer camp. You must pre-register 48 hours in advance and fill out immunization and permission slips. Call 684-4093 for more info. Current scholarships apply for current participants and are available for new (please allow lead time to process).

Age: 5 to 11 yrs

#11954 Tu/W/Th/F, 7 a.m. – 6 p.m. Feb 20 – 23

Location: Captain Ballard Room

School-Age Care Programs:

Parks and Recreation offers "school-age care programs" for children between 5 - 12 years of age AND enrolled in school, Kindergarten through 5th grade. Under DSHS rules, we are prohibited from registering, for these programs, any child who is younger than 5 years of age or any child who is not enrolled in school.

Youth Sports

CUB Basketball

Ages 8 – 9

CUB Northwest sector division. Signup at Ballard Community Center, 684-4093.

Fridays, Jan – March from 5 – 8 p.m.

Boys Ages 8 – 9
#11182

Girls Ages 8 – 9
#11183

Boys Basketball

\$65

Citywide Youth Basketball. Register at Ballard Community Center, 684-4093. Volunteer coaches needed in several age groups.

Location: Gym

Saturdays, Jan – March from 9 a.m. – 5 a.m.

#11176 Age 10

#11179 Age 13

#11177 Age 11

#11180 Ages 14 – 15

#11178 Age 12

#11181 Ages 16 – 17

Girls Basketball

\$65

Citywide Youth Basketball. Register at Ballard Community Center, 684-4093. Volunteer coaches needed in several age groups.

Location: Gym

Saturdays, Jan – March from 9 a.m. – 5 p.m.

#11184 Age 10

#11187 Age 13

#11185 Age 11

#11188 Ages 14 – 17

#11186 Age 12

Nerf Soccer

\$45

Kicks, kicks, and more kicks SCORE!! Youth will learn the basics of the world loved sport of football or more commonly know as soccer! Your child will learn teamwork and just have a fun good ole time! This is an instructional class only. Possible scrimmages may become available.

*Volunteer Coaches are needed!

Call center for more info!

Location: Gym

Mondays, 3/26 – 5/21

4 – 5 p.m.

#11973 Age 4

5 – 6 p.m.

#11975 Ages 5 – 7

Girls Softball

\$35

Sign up now for the Ballard CC Citywide Girls Softball. Teams are forming now! Registration ends when teams are full. For girls ages 10 – 17 years old. Age is determined as of January 1, 2007. Enjoy America's favorite pass time!

Location: Outdoor Space

Tu/Th, 3/1 – 7/10 from 4 – 7 p.m.

#12812 Age 10

#12814 Age 14 – 17

#12813 Ages 12 – 13

Track

\$35

We are looking for those who like to fly on air or just try to! Join Ballard CC and participate in the Citywide program which encourages fun, a competitive spirit, and challenge your physical abilities. Learn proper running technique, build strength and your endurance level. Some events include shot put, long jump and ball throw. Everyone is welcomed at any fitness level! Come on down and run across town.

Ages: 6 – 17

13763 4/3 – 6/5

T, Th

4 - 7 p.m.



Dandelion Dance

Creative Ballet

Ages 4 – 5

Dandelion Dance! Exploring ballet skills and vocabulary through creative dance helps dancers learn more easily and enjoyably. Dance concepts as well as beginning barre and basic ballet technique will be explored.

Students will learn fun dance combinations and gain greater skills to create their own. Students who have wanted to take ballet in a non-competitive environment will enjoy this class.

Parents and friends are invited to come and celebrate our learning on the last day of class.

Instructor: Anne McBroom

No Class 2/17, 2/20

Location: Captain Ballard Room

#11946 Tue, 11 – 11:55 a.m. Jan 9 – Mar 20

#12816 Sat, 10 – 10:55 a.m. Jan 13 – Mar 24



Creative Dance for Pre-Schoolers

Age 3

Dandelion Dance! These classes are a unique blend of dance and drama taught through the conceptual approach. Children experience the joy of movement while engaging the imagination, learning dance techniques, and enhancing brain development. It is fun and healthy! Through rhyming exercise, movement stories, and dance combinations, children gain confidence in their bodies while expanding their creative choices! Boys as well as girls have enjoyed Teacher Anne's Dandelion Dance classes for many years.

Parents and friends are invited to come and celebrate our learning with us on the last day of class.

Instructor: Anne McBroom

No Class 2/17, 2/20

Location: Captain Ballard Room

#11948 Tue, 10 – 10:45 a.m. Jan 9 – Mar 20

#11949 Sat, 9:15 – 10 a.m. Jan 13 – Mar 24

\$92

Parent Toddler Creative Dance

\$92

Ages 1 – 3

Dandelion Dance! Experience the joy of dancing with your child while exploring music concepts and learning new skills. Brightly colored props and a wide variety of music and rhythm instruments make for a fun and educational environment. Activities are taught that can be explored at home. Caregivers always welcome!

Instructor: Anne McBroom

Location: Captain Ballard Room

No Class: 2/20

#11955 Tue, 9 – 9:55 a.m. Jan 9 – Mar 20

Creative Ballet (6-8yrs)

Ages 6 – 8

Dandelion Dance! Exploring ballet skills and vocabulary through creative dance helps dancers learn more easily and enjoyably. Dance concepts as well as beginning barre and basic ballet technique will be explored.

Students will learn fun dance combinations and gain greater skills to create their own. Students who have wanted to take ballet in a non-competitive environment will enjoy this class.

Parents and friends are invited to come and celebrate our learning on the last day of class.

Instructor: Anne McBroom

No Class 2/17/07

Location: Captain Ballard Room

#11947 Sat 11 – 11:55 a.m.

Jan 13 – Mar 24

Activity Fee: \$92



Ballet

Pre-Ballet

Ages 4 – 6

\$98

Boys and girls experience the joy of dancing while learning basic movement skills and vocabulary including sliding, jumping, turning, and balancing. Beginning ballet concepts are taught through short fun dances and rhythmic games as well as creative assignments. Uniform requirement: Girls: pink tights and pink ballet slippers, leotard and hair pulled into a bun if possible. Boys: black tights and black ballet slippers and a T-shirt.

Instructor: Chloe Davenport

Location: Captain Ballard Room

#11962 Thu, 3:30 – 4:15 p.m. Jan 11 – Apr 5

Ballet 1

Ages 5 – 7

\$130

Basic ballet vocabulary is taught and combined into fun, energetic and expressive dances. Traditional ballet barre and center-floor work will be introduced and a creative game will round out the hour.

Dress code: Children should wear a leotard, footless tights of any color, and have their hair pulled out of their faces.

Instructor:

Chloe Davenport

Location: Captain Ballard Room

#11940 Thu, 4:15 – 5:15 p.m.

Jan 11 – Apr 5

Ballet 2

Ages 7 – 9

\$130

This class is for kids who have had some dance experience and for older beginners. Students will continue to develop skills at the barre and center-work, as well as their expressive abilities through creative/compositional assignments.

Dress code: Children should wear a leotard and footless tights of any color and have their hair pulled out of their faces. 13 weeks. Child must be class age by Sept 1, 2006

Instructor: Chloe Davenport

Location: Captain Ballard Room

#11941 Thu, 5:15 – 6:15 p.m. Jan 11 – Apr 5

Ballet 3

Ages 8 – 12

\$215

This class is for girls and boys who have had one year or more of ballet instruction and/or instructor permission. Students will continue to develop skills at the barre and center-work as well as their expressive abilities through creative/compositional assignments.

Instructor: Chloe Davenport

#11942 Thu, 6:15 – 7:15 p.m. Jan 11 – Apr 5



Creative Movement

Ages 3 – 4

\$98

Through fantasy and games, boys and girls learn basic movement skills and vocabulary such as hopping, leaping, gliding, and stretching, just to name a few. Children will also be encouraged to work as a team and make individual choices in their expressive movement. Children should wear close fitting clothes with gym or ballet slippers or no-slip socks. Parents and friends are invited to join us for a performance on the last day of class.

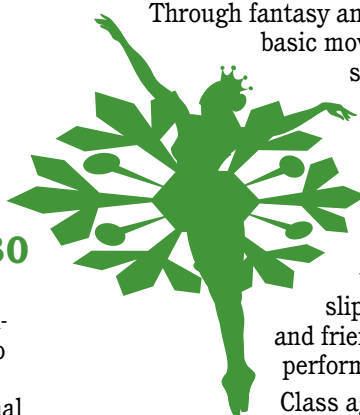
Class age by Sept. 1, 2006. 13 weeks.

No uniform/costume requirements for this class.

Instructor: Chloe Davenport

Location: Captain Ballard Room

#11950 Thu, 1 – 1:45 p.m. Jan 11 – Apr 5



Ballard Teen Crew

Ballard Teen CREW

This program includes sports & fitness, environmental stewardship, service learning, leadership & citizenship development, arts & culture, and of course recreational opportunities. Please see teen calendar for specific activity dates and times.

Location: Teen Room

Age: 12 to 19

Tue – Sat 2 – 8 p.m. Jan 2 – Apr 7

Some start and end times will vary depending on program needs.

Trying to make a dollar out of \$.15 cent!

This is a joint investing club between Ballard, Montlake, Greenlake, and Northgate Teen programs. We will invest in penny stock! With guest speakers from the finance sector. Teens will explore several ways to build wealth through investing, and also learning how to balance a check book and other pertinent financial skills.

Location: Meet in Teen Room

2nd Saturdays 1 – 3 p.m. Jan 13 – Apr 7

Fees:

Homework Tutor

We have a tutor that will lend a hand with those difficult assignments.

Tuesdays 3:30 – 5 p.m. Jan 2

Location: Teen Room

Service Saturdays

Every 1 and 3rd Saturday we will volunteer at various organizations. A variety of volunteer events and activities will be available to participate in. School service learning hours are available. Some times may vary

Location: Meet in Teen Room

1st and 3rd Saturdays 11 a.m. – 4 p.m.

Fees: Jan 6 – Apr 7



Fun with Scents!

\$20

We are selling Mia Bella Gourmet Candles! These candles burn for hours, in fact they burn for up to 90 hours each!! These candles are non-toxic, 100% bio-degradable and burn practically soot free. Purchase one or three today!! All proceeds from this fundraiser will benefit our teen program and our scholarship fund.

Mon – Sat

Jan 2 – Apr 5



6th Annual Martin Luther King March

Join us as we march from MLK Park to Langston Hughes Performing Cultural Arts Center. We march for injustice around the world, we march to remember Dr. King, we march to keep our hope for a caring society alive!

Please see teen calendar for times.

Age: 12 and older

Sun, Jan 14

Location: Ballard CC

Ballard Teen Crew

FIT TEENS!

Classes will include fencing, breakdancing, hip-hop, badminton, yoga, self-defense, African dance, and Salsa!!

Tuesdays 5 – 8 p.m.

Investigate Skate!

We will investigate “almost every skate park in the state!”... Lets get skatin! Permission slip and liability waiver required to participate on this and all trips!!

4th Wednesdays 4 – 7 p.m.

Teen Advisory Council (TAC)

The Teen Advisory Council will meet and plan special events and our teen program! Participants will fundraise and have 4 TAC only retreats a year!! Some trips include a weekend at ocean shores or anything else we can think up.

Every 1st and 3rd Wednesday 4 – 5:30 p.m.

Good Eats!

Every other Thursday you'll learn how to prepare and eat foods from all around the world! Some week's guest chefs will teach us new and fun desserts and dishes. Learn how to cook for many with little dollars! Streeetch your money!!

2nd and 4th Thursday 6 – 8 p.m.



Ballard Book Club (BBC)

Do you like Harry Potter? Like to watch movies? Most movies were books first! Join us as we read one book per month and have treats and discussion at the end of each month.

Thursdays 3:30 – 5 p.m.

Teens in Service

Volunteer and help serve dinner to over 80 homeless persons. Service learning hours available for your school requirements, plus you'll learn a lot and inspire hope as you give your time for the greater good of the community.

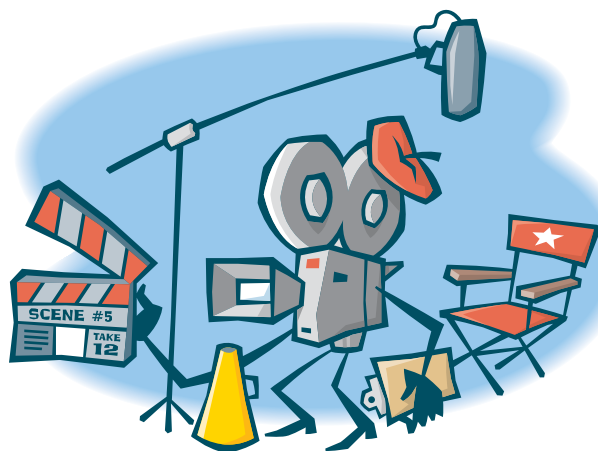
1st and 3rd Thursday 5 – 9 p.m.

Bread of Life Mission

Bowling!

Build up your calluses and your bowling skills and have fun while you do it! Watch Lakema roll yet another perfect game.

Fridays 4 – 6 p.m.



Movie Madness

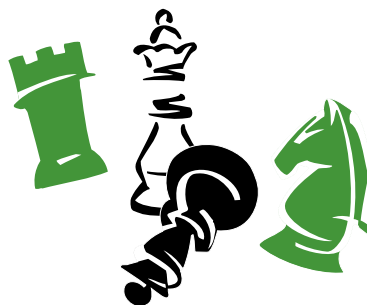
2nd Wednesday of the month come watch a movie and have popcorn with the crew!

5 – 7 p.m.

Game Drop In

Every Tuesday is game time! Come and play Playstation 2, board games, etc. (Do your homework first)

Tuesdays 3:30 – 5 p.m.



4-H Club

Life Long Learning & Career Development

4-H Club

4-H has been defined as a community of youth across America learning life skills, leadership and citizenship in a diverse environment. 4-H is offered in cooperation with WSU King County Extension and is open to all youth ages 5 through 19. (as of October 1, 2006)

Younger members learn in a hands-on environment. Middle school and High School youth participate in Leadership Projects, Community Service Learning Projects and can serve as Club Officers.

Youth must be enrolled by March 1, 2007 to participate in the King County Fair in Enumclaw and by July 15 to participate in the Seattle 4-H Fair at the Pacific Science Center.



4-H Planning Meeting

Come to the Winter quarter planning meeting December 28 at 4:00 p.m. Help us plan projects to work on during the months of January-March. 4-H Club meeting will be held the first Thursday of each month. Project meetings will be held Thursdays from 4:00-5:00 p.m.

Winter Quarter

Thursdays 4 – 5 p.m. Dec 28 – Mar 29, 2007
Location: Lobby

Service Learning Opportunity

Serve cookies and cider for Christmas Ship at Golden Gardens Bathhouse on December 14 from 7:00-8:00 p.m. Learn to make lap quilts to be donated to a charity. TBA Spring Fundraiser:

Flea Market, Saturday, March 31 7 a.m. – 7 p.m. from 10:00 a.m.-4:00 p.m.

Service Learning hours available.

Christmas Ship

Instructor: Elaine Dunn

Thu, Dec 14

7 – 8 p.m.

Location: Golden Garden Bath House

Spring Flea Market Fundraiser

Sat, Mar 31

10 a.m. – 4 p.m.

Location: Ballard Community Center Gym



Know Your Government

More than 200 Washington teens will learn how the state's judicial system works at this year's Washington State University Extension's 4-H Know Your Government Conference in Olympia. Teens will assume the roles of attorneys, jury members and court reporters and will take part in mock criminal trials.

Preparation classes held prior to the trip. For youth in grades 9-12.

Know Your Government Conference will be held in Olympia Feb 17-20, 2007. Participants will need a permission and E-13 form signed by parent or guardian in order to participate.

Service Learning Hours Available!

Feb 17 – Feb 20

Senior Adults

Northwest Registration Information Classes/Special Events

Carol Baxter, Recreation Specialist
206-233-7138

Winter Quarter Dates: January 2 – March 16

No classes: Mon, Jan 1; Mon, Jan 15; Mon, Feb 19

Class Registrations: Begin December 15 at 9 a.m. by calling 206-233-7138.

Class Registration and Payment: For * classes (those with a barcode), register beginning December 4 online at www.seattle.gov/parks or at your local community center. We accept cash, checks, Visa, MasterCard, and American Express. For other classes, you can register beginning December 15 at 9 a.m. by calling 206-233-7138.

Northwest Sector Sites

Ballard CC..... 6020 28th Ave NW
Bitter Lake CC..... 13035 Linden Ave N
Carkeek Park ELC..... 950 NW Carkeek Park Rd
Loyal Heights CC..... 2101 NW 77th St
Northgate CC..... 10510 5th Ave NE

Aerobics, Fitness, and Dance

Senior Aerobics* \$24 – 1 day/wk

Join a friendly, low impact aerobics class that will help energize you. You'll learn body strengthening and stretching from a certified instructor.

#13551 Mon 9 – 10 a.m. Ballard CC

Arthritis Foundation Exercise Program* \$30

This class includes range of motion, strengthening and much more.

Instructor Carol Baxter

#13352 Tue 9 – 10 a.m. Ballard CC

Lifelong Conditioning* \$30

This class focuses on strengthening, toning, and stretching. Have fun while you improve your health. Instructor: Suzanne Matchett.

#13531 Fri 8:30 – 9:30 a.m. Ballard CC

Line Dance* \$24

Get out on that dance floor and move to the music! Great for your body and your soul! No experience or partner is needed. Instructor: Jayla McGill.

#13535 Tue 9 – 10 a.m. Ballard CC

Pickleball \$2 drop-in (Age 65+ \$1)

Learn this fun game that is played indoors and is a cross between tennis and table tennis. We provide all the equipment!

Tuesdays 10:30 a.m. – 12:30 p.m. Bitter Lake CC

Tuesdays 11 a.m. – 2:30 p.m. Ballard CC

Wednesdays 12:30 – 2:30 p.m. Loyal Heights CC

Fridays 12:30 – 2:30 p.m. Bitter Lake CC

Movies and Meals

Movie & Lunch Mondays* \$6.50/movie

Enjoy the silver screen with friends. We show movies on a large screen and invite you to stay for lunch and a discussion. Please register ahead of time!

Mondays 10:15 a.m. – 1:30 p.m. Ballard CC

#13540 Mon, Feb 12 A Prairie Home Companion

#13541 Mon, Mar 12 Dreamer Inspired...

Lunch Club* \$4/meal

Explore the hottest local foods with fun people. Please register ahead of time. We add an automatic 17–20% gratuity on your table's tab. Meet at Ballard Community Center at 11 a.m. Each trip is \$4, to be paid in advance.

All programs from 11 a.m. – 2 p.m.

#13538 Taste of India Tue, Jan 9

#13537 Etta's Seafood Tue, Feb 20

#13536 Cheesecake Factory Tue, Mar 13

Planning Meeting

Spring Planning Meeting Free

We want your input so we can provide the best activities possible for your enjoyment. Please bring ideas, newspaper clippings, and suggestions for classes, workshops, trips and general program offerings.

Fri, Jan 5 9:45 – 11 a.m. Ballard CC

Senior Adults

Arts & Theater

Learn to Draw with Colored Pencils **\$50**

Take your doodling to the next level. Explore beginning drawing techniques with colored pencils. In the class you'll study various objects and subjects to cover line, shading, composition, and color. Bring your own supplies; we can provide a list to help you get started.

#13545 Thu Noon – 2 p.m. Loyal Heights CC

Learn to Watercolor! **\$50**

Take on a new challenge — learn the technique of watercolor painting. This beginner's course will introduce mixing colors and techniques through a series of projects. Bring your own supplies; we'll provide a list if you need help determining what you need.

#13546 Fri 11 a.m. – 1 p.m. Northgate CC

#13547 Mon 12 – 2 p.m. Bitter Lake CC

Theater Games* **\$32**

This exercise will sharpen your mental and physical powers through pantomime and improvisation. We'll introduce various activities that will increase your sensory awareness, story telling, observation, and charades skills. Let's play! Instructor: Bill Dore

#13583 Thu 11 a.m. – Noon Northgate CC

Special Events

Please register for all special events at least one week before so we can have appropriate seating available.

History of Ballard* **Free**

Join Mary Fortino as she discusses the history of Ballard and the people who have lived here since Seattle's early days.

#13529 Fri, Jan 19 10 – 11 a.m. Ballard CC

Reverse Mortgage "Enough Income?"* **Free**

Learn about reverse mortgages and how they can help you in retirement to meet your financial needs. Listen to a professional explain all there is to know.

#13550 Fri, Jan 26 1 – 2 p.m. Bitter Lake CC

Understanding Hearing Loss* **Free**

Learn about how we hear, the psychological effects of hearing loss, and how to maximize communication if you're experiencing hearing loss. This course will help you understand hearing loss and its impact on both people who have it and on their friends and families. It will also include tips for facilitating communication and a discussion on solutions for coping with communication breakdowns.

#13514 Thu, Feb 8 1 – 2:30 p.m. Bitter Lake CC

Patch-work Politics: Eleanor Roosevelt* **\$10**

In honor of Presidents' Day we will travel back in time with storyteller Debbie Dimitre as she portrays Eleanor Roosevelt, the much loved first lady and human rights activist. You'll think Eleanor Roosevelt is right before your eyes telling her story. Don't miss this performance! A potluck will follow.

#13548 Fri, Feb 16 11:30 a.m. – 2:30 p.m. Bitter Lake CC

Northwest Trip Registration Information

Make checks payable to: City of Seattle.

Trip Registration begins December 4 online (www.seattle.gov/parks) or at your local community center. We accept cash, checks, Visa, MasterCard, and American Express.

Pick-up Sites:

(Please park your car on the road.)

Ballard CC..... 6020 28th Ave NW

Bitter Lake CC 13035 Linden Ave N

Northgate CC 10510 5th Ave NE

Southbound trips (S-Bound): Leave Northgate Community Center, 30 min. before; Bitter Lake Community Center, 15 min. before; and Ballard Community Center, at trip time listed. **Northbound trips (N-Bound):** Leave Ballard 30 min. before; Bitter Lake 15 min. before; and Northgate, at trip time listed. *Vans will only wait five minutes for late people.*

Senior Adults Trips

Skagit Eagle Float Trip*

\$10

This will be our 2nd annual float down the Skagit River through the bald eagle sanctuary. Taking the time to experience the river by boat will give you a chance for a more up-close view of the eagles that come to this area each winter to roost. We provide all equipment and lunch. (Please let us know of any dietary restrictions when you register.) Please with your registration a check made out to Alpine Adventures for \$60.

#13580 Wed, Jan 10 8 a.m. – 5 p.m.
Northbound

Microsoft Art Collection*

\$10

Back by popular demand! View the extensive art collection located on the Microsoft Campus. You're on your own for lunch at Redmond Town Square.

#13539 Mon, Jan 22 10 a.m. – 3 p.m.
Northbound

Death By Chocolate!*

\$20

If you love chocolate, then this is the trip for you! We'll learn how to make our own chocolates, and YOU get to keep them. Each person will get his or her own mold and a pound of chocolate. You will learn techniques to create detailed looking chocolates. Then you're on your own for lunch in Edmonds.

#13524 Wed, Jan 24 9:45 a.m. – 2:30 p.m.
Northbound

Extreme Antiquing*

\$10

We are headed to Snohomish, the Antique Capital of the Northwest! You will find tons of shops to browse through to find unique treasures. Have lunch on your own in this quaint historic town.

#13526 Wed, Feb 7 9:45 a.m. – 3:30 p.m.
Northbound

Pioneers to Policemen!*

\$6

We are taking on Pioneer Square! We'll visit the Seattle Police Museum and the Klondike Gold Rush Museum. Please bring \$2.70 with you for admission to the Police Museum. After the museums, you'll have lunch on your own.

#13549 Wed, Feb 14 10:30 a.m. – 3 p.m.
Southbound

Art Deco: The Roaring 20s, NW Architecture*

\$17

Take a trip back in time to Seattle in the roaring 20's. Visit the rich interior lobbies, ornate commercial buildings, and discover how Northwest imagery was incorporated into the power and rhythm of downtown Seattle's early 20th century architecture. This is a two-hour walking tour with lunch on your own following. Please call ahead to register.

#13351 Wed, Feb 28 10:20 a.m. – 3 p.m.
Southbound

Tacoma Museums*

\$10

What a day we have planned for you! First we'll have a docent guided tour at the Museum of Glass (there will be time for hot shop viewing!), then you'll have lunch on your own, and then we'll have another docent led tour at the Art Museum. Please bring cash for admission to each museum (\$8 for Glass Museum, \$6.50 for Art Museum).

#13581 Wed, Mar 7 9:45 a.m. – 4:30 p.m.
Northbound

Nature Walks and Hikes* \$7/walk

Enjoy forests, streams, and more. Walk at your own pace for up to 1½ hours. Please register ahead of time. Wear all-terrain shoes for the walk, then have lunch out on your own.

Van pick-up: Ballard CC

Wednesdays 10 a.m. – 2 p.m.

#13543 Lincoln Park Wed, Jan 17

#13544 Olympic Sculpture Park Wed, Feb 21

#13542 Burke Gilman by Lake City Wed, Mar 14

Helping Hands*

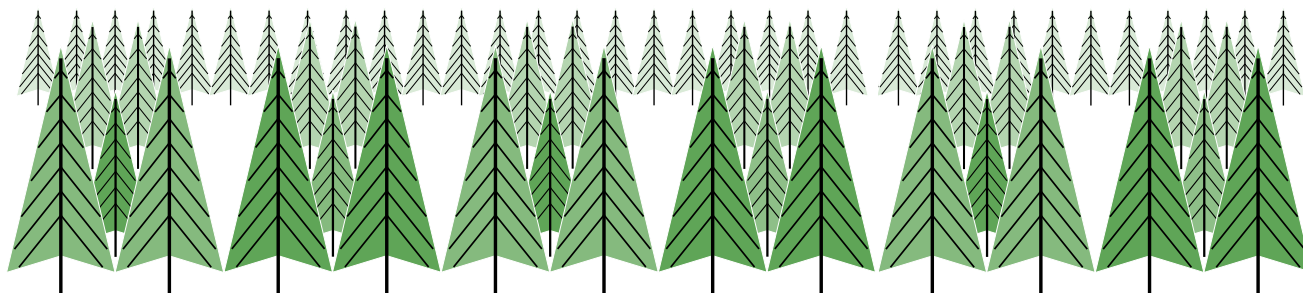
Free

This is simple, one-hour non-strenuous work and socializing. Bring a sack lunch; we'll provide drinks and treats. Name the park with which you'd like to assist. Van pick-up from Ballard Community Center, or go meet us there. Please call ahead to register.

Tuesdays 10:15 a.m. – 1 p.m.

#13528 Carkeek Park Tue, Feb 13

#13527 Atlantic Street Nursery Tue, Mar 6



Please call Ballard Pool for more information.

Monday & Wednesday

6:00 – 7:30 am*	Early Morning Lap Swim
11:10 – 11:55 am	Water Exercise *NEW TIME*
12:00 – 1:15 pm	Adult & Senior Swim
1:30 – 2:30 pm	3-Lane Lap Swim
1:30 – 2:30 pm	Happy Hot Tub Time *NEW*
2:30 – 3:00 pm	Private Lessons *NEW TIME*
3:15 – 4:30 pm	Seattle Public Schools-BHS (ends 2/10)
4:30 – 5:00 pm	Kinder and Youth Lessons
4:30 – 6:00 pm	Salmon Bay Aquatics (Mon only)
5:00 – 6:00 pm	Public Swim (Wed only)
6:00 – 7:30 pm	Swim Lessons
7:30 – 8:00 pm	Pre-Competitive & Private Lessons
7:30 – 8:30 pm	Masters Workout
8:00 – 8:30 pm	Private Lessons (Mon or Wed)
8:30 – 9:30 pm	Adult & Senior Swim

Tuesday & Thursday

6:00 – 7:30 am*	Early Morning Lap Swim
11:00 – 12:00 pm	Swim Lessons
11:10 – 11:55 am	Aqua Jogging
11:30 – 12:00 pm	Tot Lessons (Thurs only)
12:00 – 1:15 pm	Adult & Senior Swim
1:30 – 2:30 pm	3-Lane Lap Swim**
1:30 – 2:30 pm	Homeschool Kid Swim *NEW* (Thurs only)
2:30 – 3:00 pm	Private Lessons *NEW TIME*
3:15 – 4:30 pm	Seattle Public Schools-BHS (ends 2/10)
4:30 – 5:30 pm	Salmon Bay Aquatics
5:30 – 7:30 pm	Swim Lessons
7:30 – 8:30 pm	Family Swim (Tues only)
7:30 – 8:30 pm	Lap Swim (Thurs only)
8:30 – 9:30 pm	Water Exercise
8:40 – 9:25 pm	Hydrofit

Friday

6:00 – 7:30 am	Early Morning Lap Swim
11:10 – 11:55 am	Water Exercise *NEW TIME*
12:00 – 1:15 pm	Adult & Senior Swim
1:30 – 2:30 pm	3-Lane Lap & Public Swim
1:30 – 2:30 p.m.	Public Swim, 1/2 pool
2:30 – 3:00 pm	Private Lessons *NEW TIME*
3:15 – 4:30 pm	Seattle Public Schools-BHS (ends 2/10)
4:30 – 5:30 pm	Swim Team *NEW*
4:30 – 5:30 pm	Salmon Bay Aquatics
5:30 – 6:30 pm	Lap Swim
6:30 – 7:00 pm	Kinder & Youth Lessons
7:00 – 8:00 pm	Public Swim

Saturday (Lessons Only)

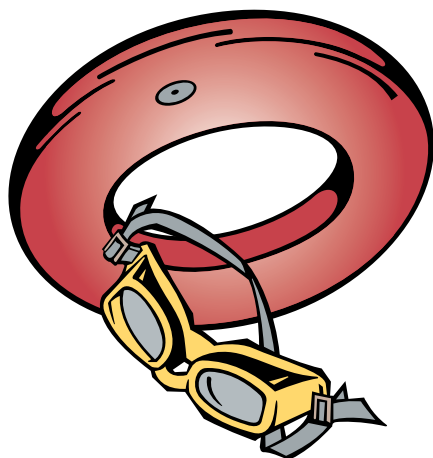
10:00 – 12:00 pm	Swim Lessons
10:00 – 12:15 pm	Diving Lessons
12:00 – 1:00 pm	Water Polo (Winter only)
1:00 – 9:00 pm	Private Rentals are available

Sunday

11:30 am – 1:00 pm	4-Lane Lap Swim
1:00 – 2:00 pm	Water Exercise
1:10 – 1:55 pm	Hydrofit
2:00 – 3:00 pm	Public Swim
3:00 – 4:00 pm	Synchronized Swimming *NEW* (Winter only)
3:00 – 4:30 pm	Swim Lessons
4:30 – 5:30 pm	Family Swim
5:30 – 7:00 pm	Adult & Senior Swim

*Admission by swim card, check, or exact change only.

**Program cancelled during winter and mid-winter breaks – a Public Swim will be added during these times.



Rentals

Rent the Ballard Pool for your next Party!

Fun, Fun, Fun in your own private setting. Have all your friends enjoy the rope swing, slide, spa – and rent the lobby to continue the party! Private rentals of the Ballard Pool are available on Saturdays.

Call (206) 684-7094 to request your party date.

RENT THE GOLDEN GARDENS BATHHOUSE!

The remodeled Golden Gardens Bathhouse offers a spectacular waterfront location to host your next special event. Your guests will never forget their experience at this unique venue!

Visualize this scene for your ceremony, reception, seminar, or party: serene forested hillside to the east, and to the west, a beautiful sandy beach, sailboats on Puget Sound, and the sun setting over the Olympic Mountains—just 14 minutes from downtown Seattle!

The historic Golden Gardens Bathhouse, located just west of the Ballard neighborhood, was built in the 1930s and, thanks to the Pro Parks Levy approved by Seattle voters in 2000, renovated in 2004.



Independent heating keeps the bathhouse warm in the winter, and cross ventilations keep it cool in the summer.

The Main Hall comfortably accommodates up to 140 seated guests (although tables will need to get moved before the dancing begins). The bathhouse can accommodate as many as 175 to 220 guests, de-

pending on the event that is planned. The Main Hall features a cathedral ceiling with many skylights that flood the room with natural light.

The Wet Classroom is included in your rental. Caterers often use this smaller room for food preparation because it has a refrigerator, microwave, a three-tub sink, and lots of counter space. For a small additional fee, a small secluded room off the hall can be used for break-out sessions, a dressing room, or as a quiet baby area.

Five sets of French doors open west onto a large sidewalked area facing the beach and the Olympics. The east patio is quiet and cooler on sunny days.

Reasonable rates and friendly staff make this an ideal spot!



Building Features

- Tables (round and rectangular) and ergonomic chairs
- Easels and dry erase boards
- Stage
- Independent temperature control
- TV and VCR

Site Features

- Onsite parking
- Handicap accessible
- Outside deck and viewing areas
- Children's play area
- Beach fire pits & volleyball
- Restored dunes, wetlands, and trails

Rental Rates and Options

Main Hall:

- Approximate hourly rates \$110 – \$150 per hour
- Rooms are rented in minimum two-hour blocks.
- Rental groups are responsible for set-up and take-down.
- Additional charges apply (application fee, staffing, etc.); call 206-684-7254 for a complete quote.

General Information

You can make a difference!

The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held at 6:30 p.m. on the first Wednesday of every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff at 206-684-4093.

Most classes, workshops, sports, special events, and facility rentals are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

Fees and charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities.

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Special Populations

For information on programs for youth/adults with disabilities, please call the Specialized Programs Office at 206-684-4950.

Register Online!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks, where you can find our seasonal brochures and register for many of our courses online.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for more information about programs for special populations, please call 206-684-4950.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

Seattle Parks And Recreation Program Registration Form

in partnership with the Associated Recreation Council



**SEATTLE PARKS
AND RECREATION**

This form is for non-childcare and non-athletic programs only. Ask recreation staff for those forms as needed.

Registration Procedures:

1. Please complete registration form entirely.
2. Payment **MUST** accompany registration.

Family Information: (Please complete for the adult who is financially responsible for the family account.)

(ADULT) Name: Last _____ First _____ MI _____ Sex: Male Female
(Circle One)

(ADULT) Birthdate: ____/____/____ Email Address: _____
mm/dd/yyyy

Street Address: _____ City: _____ State: _____ ZIP: _____

Phone - eve: (____) _____ day: (____) _____ other: (____) _____

Family Emergency Contact: _____ (____) _____
Name Phone Relation

☐ **PARTICIPANT** info differs from above. How does it differ? _____

PARTICIPANT (please print full name)	M/F	BIRTHDATE (mm/dd/yyyy)	COURSE TITLE (Non-Day Camp Activities ONLY)	1 ST CHOICE		ALTERNATE		AMOUNT
				DATE(S)	START TIME	DATE(S)	START TIME	
								\$
								\$
								\$
								\$
*Acceptance of this request does not guarantee enrollment into a class (see back for more information).								\$
TOTAL								

How would you like to pay?

Person making payment

(required for proper refunding)

☐ Cash (Please do not send cash through the mail.)

☐ Check or Money Order #

☐ Visa

☐ Mastercard

☐ American Express

Staff Use Only

Authorization (Ref#) _____

**PLEASE INCLUDE
PAYMENT**

For mail-in only
Card #: _____ Expires: _____
Name as it appears on card: _____
Signature: _____

ASSUMPTION OF RISK AND RELEASE: I hereby give my consent as a participant or for the above-named participant(s) to participate in the program(s) listed above being conducted or co-sponsored by Seattle Parks and Recreation and declare that I will not hold the City of Seattle, Seattle Parks and Recreation, Seattle Parks and Recreation's employees, Advisory Council, or any volunteer associated with the program, responsible for any injuries, damage or personal loss incurred while participating in said program(s).

Signed: _____ Date: _____

For Office Use Only:

6th Annual Martin Luther King March

Join us as we march from MLK Park to Langston Hughes Performing Cultural Arts Center. We march for injustice around the world, we march to remember Dr. King, we march to keep our hope for a caring society alive!

Please see teen calendar for times.

Age: 12 and older

Sat, Jan 14

Location: Ballard CC

Fun with Scents!

\$20

We are selling Mia Bella Gourmet Candles! These candles burn for hours, in fact they burn for up to 90 hours each!! These candles are non-toxic, 100% biodegradable and burn practically soot free. Purchase one or three today!! All proceeds from this fundraiser will benefit our teen program and our scholarship fund.

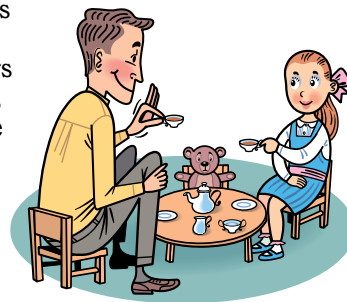
Mon – Sat

Jan 2 – Apr 5



Daddy Daughter Dinner

You don't want to miss this traditional Annual Event! Practical age for daughters is seven years old. Dinner, dancing, and just plain ole fun with the ones you love! This event sales out quickly!! Hurry and get your tickets!! Please indicate seating info with registration.



Registration starts Dec. 11, 2006

Family fun

Location: Ballard CC

Sat, Feb 3

6 – 9 p.m.

Fees: Dad/w1 \$45.00, w/2 \$60.00, w/3 \$70.00, w/4 \$80.00

How to Make a Living as an Artist!

Join Douglas Ready as he introduces possibilities of the entrepreneurial life! This seminar details specific creation and submission strategies for consistently selling your art and building a successful career whether your focus is on creating a market for your original work or conquering the commercial marketplace. Attendees will receive a 195 page printed handbook for home use.

Doug has published books to help the upcoming entrepreneur in their journey to attain and sustain wealth. Some publishing include: The Greeting Card Business Manual: A practical handbook for the self-publishing Entrepreneur, How to Make a Living as an Artist, and Practical Strategies for Achieving Financial Security. Pre-registration is required.

Jan 20

12:30 – 2:30 p.m.

Fees: \$99.00

Ballard Community Center
6020 28th Avenue NW
Seattle WA 98107
206-684-4093

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